

Guides and Workbooks

The Lawyer's Tool Kit for Health Care Advance Planning, published by the American Bar Association's Commission on Legal Problems of the Elderly. Available at www.abanet.org/aging/toolkit.

Caring Conversations Workbook, published by the Midwest Bioethics Center, 1021-1025 Jefferson St., Kansas City, MO 64105-1329 (Tel. 816/221-1100). This is both a workbook and advance directive. It can be downloaded for free from the center's Web site: www.practicalbioethics.org. A comprehensive do-it-yourself workbook on planning for end-of-life care.

A Guide for a Better Ending-Conversations Before the Crisis. Copies of brochure are available from the Better Ending Partnership. www.betterending.org or 508/767-9877

Choosing Hospice-A Guide to Hospice in Massachusetts for patients, family members and friends. Brochure-Copies available from the Hospice and Palliative Care Federation of Massachusetts. 800/962-2973. www.hospicefed.org email:hospicefed@aol.com.

Alzheimer's Association-End of Life Decisions. Brochures are free from the Alzheimers Association. www.alz.org 800/272-3900

The Agent's Role in End-Of-Life Care. A publication from the Robert Wood Johnson Foundation. www.rwjf.org

Five Wishes Advance Directive, published by Aging with Dignity. This nationally used and very popular advance directive focuses on ways of talking about health care wishes and needs. Can be purchased and downloaded from the Web site: www.agingwithdignity.org. Also available by mail order from P.O. Box 11180, Tallahassee, FL 32302-3180.

Making Health Care Decisions for Others: A Guide to Being a Health Care Proxy or Surrogate, by the Division of Bioethics, Dept. of Epidemiology and Social Medicine, Montefiore Medical Center, Albert Einstein College of Medicine, Bronx, NY. Available on its Web site: www.montefiore.org/prof/documents/staffing/MakingHealthCareDecisionsForOthers.pdf.

Your Life Your Choices Planning for Future Medical Decisions: How to Prepare a Personalized Living Will, by Robert Pearlman, et al., and the Veterans Administration Medical Center, Seattle, WA. A comprehensive do-

it-yourself workbook on planning for end-of-life care. (Parts of this tool kit were adapted from this publication.) Available at www.va.gov/pugetsound/docs/ylyc.pdf.

The Critical Conditions Planning Guide, published by Georgia Health Decisions. Call (877) 633-2433.

Handbook for Mortals: Guidance for People Facing Serious Illness, by Joanne Lynn, MD, and Joan Harrold, MD (NY: Oxford University Press, 1999), available through the Web site of Americans for Better Care of the Dying, www.abcd-caring.org. A most comprehensive and readable 242 page guide to dealing with serious, eventually fatal illness.